

## Child Care Payment Assistance

Are you looking for help with the cost of child care? We can determine if you are eligible for subsidized child care. If you qualify, you can enroll on the Centralized Eligibility List (CEL), a list of families in Sacramento County who qualify for child care payment assistance. All state-funded child care programs and Head Start programs in Sacramento County use the CEL information to enroll children in free or low-cost child care when spaces are available.

You can determine your eligibility and enroll on the CEL in two ways:

1. Call Child Action, Inc. at (916) 369-0191 and a staff member will determine your eligibility and complete the application over the phone.
2. Visit [www.childaction.org](http://www.childaction.org), click on "The Centralized Eligibility List (CEL)," and fill out the online application.



## Parent Voices

Reliable child care is an economic necessity for parents who work or go to school. Parent Voices is a grassroots organization, led by parents who advocate for high quality, affordable child care for all families. Parents share their personal stories with local leaders to highlight the need for more child care services in our community. Membership is free and open to all interested parents and community members. For more information about Parent Voices meetings and events, call (916) 369-3387.



**Child Action, Inc.**  
9800 Old Winery Place  
Sacramento, CA 95827  
(916) 369-0191  
[www.childaction.org](http://www.childaction.org)

*Child Action, Inc. is funded by the  
California Department of Education,  
Child Development Division.*



*The United Way*



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of Education,  
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# Services to Help You Find High Quality Child Care



**Information and resources  
for parents**



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Are you looking for child care, but are unsure about where to begin? Many parents need support when making this very important decision. The Child Action, Inc. Resource and Referral Department is here to help.

We have up-to-date information about child care programs near your home, school or job, but more importantly, we provide support and information to help you identify the components of high quality child care, talk with you about your child care options, and a lend listening ear. If you have questions about child care, we are here to provide guidance by phone, in person and online. We look forward to assisting you!



### Child Care Referrals

Child Action, Inc. offers a free referral service to parents living and working in Sacramento County. We will explain the different types of child care available to you and help you find child care in the location of your choice. Our referral services are available in English, Spanish and Russian. You can choose one of these convenient methods to access referral information:

1. Call (916) 369-0191 and speak with a staff member about your child care needs, receive a listing of providers near your home, school or job, and learn how to select high quality care.
2. Email [info@childaction.org](mailto:info@childaction.org) and enter "Child Care Referrals" in the subject line. In your message, list your address and/or zip code, ages of all children who need care, and the hours you need care. We will review your request and contact you.
3. Visit [www.childaction.org](http://www.childaction.org) and click on "Free Online Child Care Referrals."



### Enhanced Referrals for Children with Special Needs

We offer Enhanced Referrals if you are seeking care for a child with special needs. A Referral Counselor will talk to you about your child's needs, strengths, and interests and ask about the type of environment you prefer.

Your Referral Counselor will contact potential providers and offer information and ongoing support to ensure a successful placement for your child. For more information about Enhanced Referrals, call (916) 369-0191.

### Workshops

Throughout the year, Child Action, Inc. offers free workshops to help you select high quality child care. We designed these workshops to take the guesswork out of choosing child care by addressing many of the common questions and concerns you may have, regardless of whether you are looking for care for a newborn or a school-age child. Visit [www.childaction.org](http://www.childaction.org) and click on "Calendar of Events" for workshop dates and information.



### Publications

Our booklet, *High Quality Child Care: Your Guide to Finding and Selecting the Best Care for Your Child*, provides the information you need to get started with your child care search. We also have a variety of useful handouts with helpful hints, tips and other information to help you make the most of your child's early years. Our quarterly newsletter, *Our Children, Our Community*, features information about upcoming events and highlights issues related to local child care. You can call us to request free copies of these publications or download copies at [www.childaction.org](http://www.childaction.org).

### TrustLine

TrustLine is California's background check for in-home (license-exempt) child care providers. When a provider is registered with TrustLine, it means he/she has passed a fingerprint records check through the California Department of Justice and has no disqualifying criminal convictions or substantiated child abuse reports in California. You can check to see if your provider is already registered by calling 1-800-822-8490. If you would like a potential provider to apply, call us at (916) 369-0191 and we can send you an application and give you information about the process and required fees.