



## **Track 1** Family, Friends & Neighbors (FFN)

*Track 1 is intended for family, friend and neighbor caregivers (FFN) caring for children from one family other than their own.*

**Stipend:** Resources (Books & Materials) Valued at \$150

# Track 1 Requirements

- I. **Entry Requirements:** To apply for Track 1 of the Sacramento CARES Program you must meet each of the following requirements:
  - A. Work for pay in a license-exempt family child care home or a family's home in Sacramento County for a minimum of 15 hours per week.
  - B. Be 18 years or older.
  - C. Provide direct care for at least one (1) child other than your own who is birth to five years old.
  - D. Earn an income of less than \$60,000 annually.
  
- II. **Annual Eligibility Requirements:** To become eligible to receive a stipend you must meet the following requirements:  
**New and returning applicants:**
  - A. Must complete 15 professional growth hours from May 19, 2009 through May 14, 2010.
  - B. Submit verification of all completed hours.
  
- III. **All documentation due by May 20, 2010:** Documentation for Track 1 can be submitted on a quarterly basis, but all documentation must be in by May 20, 2010.
  - A. Professional Growth Hours Verification:
    - 1. Submit documentation of completed hours of all trainings.
  - B. Employment Verification:
    - 1. Child Care Roster (see page 43 for Roster).

---

*"I have participated with CARES for the past 4 years and have returned to school to earn my BA degree. I have joined in the CSUS co-hort with SETA and have quickly completed 6 courses. The reimbursement from CARES has helped me with the cost of tuition and books. The CARES program is very easily outlined and organized for all involved and they have great support staff that are always available to advise and assist."*

---

# Track 1: Family, Friends and Neighbors (FFN) Checklist

## Professional Growth Hours Verification:

- Documentation of 15 professional growth hours completed from May 19, 2009 through May 14, 2010.

## Employment Verification:

- Child Care Roster (see page 43 for Roster).

\* College units can be converted to hours, 1 unit is equal to 15 professional growth hours.



***All documentation due by May 20, 2010***